

DOES DIAGNOSTIC MRI BEFORE RADIOTHERAPY FOR PROSTATE CANCER CAUSE A WILL ROGERS PHENOMENON ?

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INTRODUCTION

Pre-treatment diagnostic multiparametric magnetic resonance imaging (mpMRI) is used in prostate cancer detection and staging

- Many studies have shown high sensitivity, but low specificity in identifying high risk zone of clinically significant lesions.

However, little is known about the **influence of mpMRI** on treatment decision and prognosis in radiotherapy or brachythrapy

OUTCOMES OF INTEREST

Primary : Analysis of prevalence of known factors of aggressiveness on mpMRI among patients treated with radiotherapy or brachytherapy

- PIRADS-Score, Index lesion diameter, extracapsular extension, or seminal vesicle invasion

Secondary: Analysis of prognostic significance of MRI to predict for biochemical recurrence

- Low-dose rate (LDR) brachytherapy, External Beam Radiotherapy (EBRT) with or without a high-dose rate (HDR) boost



Link to full article !

METHODS

A retrospective study conducted on a prospective maintained database

- Inclusion criteria : All patients treated between January 2014 and June 2022 by LDR-brachytherapy or with EBRT \pm HDR brachytherapy

- Exclusion criteria : Diagnostic mpMRI completed

> 12 months prior to treatment initiation

- Other Variable of Interest : CAPRA Score, MRI lesion diameter and capsule contact

RESULTS

Table I Distribution of Size of PIRADS Lesion 4 and 5 According to Treatment Received (in %)

	MRI Size ≥ 15 mm	P=	MRI Size ≥ 20 mm	P=	PIRADS 4/5	P=
LDR monoth.	18.1	p<0.01	5.4	p<0.01	75.8	p<0.01
HDR-boost	54.7		32.6		93.7	
EBRT monoth.	43.7		31		91.5	

Table II Distribution of Relationship With Prostate Capsule According to Treatment Received (in %)

						Conta		
	OC	P=	ECE	P=	SVI	P=	ct	P=
							caps	
LDR monoth.	58.4	0.012	2.7	=0.01	0	p<0.01	25.5	0.055
HDR-boost	38.9		15.8		12.6		40	
EBRT monoth.	52.1		9.9		1.4		33.8	

We further investigated the prevalence of larger lesions $(\geq 15 \text{ mm and } \geq 20 \text{ mm})$ in patients presenting with CAPRA ≤ 3 and ≤ 5 as these are considered a grey-zone for choosing the optimal treatment

Table III Distribution of Aggressive MRI Features According to CAPRA Score (in %).

	MRI Size ≥ 15 mm	P =	MRI Size ≥ 20 mm	P =	PIRADS 4/5	P = *
CAPRA ≤ 3	22	P < 0.01	9.3	p < 0.01	80.2	0.011
CAPRA > 3	52.6		33.1		91	

Patients with a CAPRA <3: 22% a PIRADS 4/5 ≥15 mm and 9.3% ≥20 mm

Table IV Exploratory Analysis of Impact of Different Factors on MRI on Recurrence in Univariate Analysis .

Factor	P=
Having had MRI	0.354
PIRADS grade (contin 2-5)	0.048
MRI Size ≥ 15 mm	0.021
MRI Size ≥ 20 mm	p<0.01
CAPRA grouped	p<0.01

CONCLUSIONS

More than 20% of patients with a low CAPRA ≤ 3 surprisingly presented on MRI large PIRADS 4 and 5 lesions of >15 mm

An MRI could potentially affect treatment choice, and although exploratory our results suggest an important prognostic potential at large